



## Prospect Park School

### April 2019 Lunch Menu

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch - No Charge  
Adult Lunch \$3.50

#### Maschio's Swap Outs

- Monday:** Turkey Sandwich with Lettuce
- Tuesday:** Turkey Ham & Cheese Sandwich
- Wednesday:** Tuna Salad Platter with Roll
- Thursday:** Grilled Chicken Sandwich
- Friday:** Fruit and Cheese Platter








#### Maschio's Swap Outs Available Daily

- Bagel Bag Meal
- Grilled Chicken Caesar Salad with Roll
- Assorted Sandwiches

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Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Chicken Tenders</b> Oven Baked Fries Waffle Fries Fresh or Chilled Fruit	2 <b>TACO TUESDAY!!</b> Twin Taco w/ Lettuce, Cheese and Salsa Steamed Rice & Corn Fresh or Chilled Fruit	3 <b>Breaded Ravioli</b> with Marinara <b>Dipping Sauce</b> Garlic Bread Green Beans Fresh or Chilled Fruit	4 <b>Hamburger or</b> <b>Cheeseburger</b> <b>on Bun</b> Oven Baked Sweet Potatoe Fries Fresh of Chilled Fruit	5 <b>Personal Pan</b> <b>Pizza</b> Caesar Salad Fresh or Chilled Fruit
8 <b>Crispy Chicken</b> <b>Sandwich</b> Oven Baked French Fries Steamed Veggies Fresh or Chilled Fruit	9  <b>EARLY</b> <b>DISMISSAL</b>  No Lunch Served	10  <b>EARLY</b> <b>DISMISSAL</b>  No Lunch Served	11  <b>EARLY</b> <b>DISMISSAL</b>  No Lunch Served	12 <b>Bella's NY</b> <b>Style Pizza</b> Italian House Salad Fresh or Chilled Fruit
15 <b>Hot Dog on Bun</b> Baked Beans Carrot Sticks Fresh or Chilled Fruit	16 <b>Teriyaki Chicken</b> Steamed Rice Broccoli Fortune Cookie Fresh or Chilled Fruit	17 <b>Spring Feast!</b> <b>Oven Roasted</b> <b>Chicken</b> Mashed Potatoes with Gravy Honey Glazed Carrots Fresh or Chilled Fruit	18  <b>EARLY</b> <b>DISMISSAL</b>  No Lunch Served	19 <b>Spring</b> <b>Recess</b> <b> Begins!</b>
22 	23 	24 	25 	26 
29 <b>Grilled Chichen</b> <b>Sandwich with</b> <b>American Cheese</b> Oven Baked Fries Lemon/Cherry Sorbet	30 <b>Mini Chicken Tacos</b> w/Lettuce, Tomato and Salsa Black Bean/Corn Salad Cinnamon Churro Fresh or Chilled Fruit			

All menu items served with a choice of low fat or no fat milk  
Our well-balanced lunches available for the week, average between **600-650 calories**, with **less than 10%** of total calories

**Questions or Concerns?**  
Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at: 973-790-7909

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"