



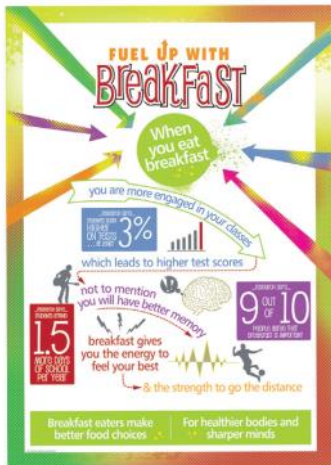
Prospect Park School

December 2018 Lunch Menu

Student Lunch- No Charge Adult Breakfast- \$3.50

Maschio's Swap Outs




**Assorted Cereal or Cereal Bar
with Graham Crackers**



Monday	Tuesday	Wednesday	Thursday	Friday	
3 Assorted Muffin w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit	4 Pumpkin Swirl Roll w/Cream Cheese 100% Fruit Juice Fresh or Chilled Fruit	5 Mini Cinni's 100% Fruit Juice Fresh or Chilled Fruit	6 Sausage Patty on Biscuit 100% Fruit Juice Fresh or Chilled Fruit	7 Assorted Muffin w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit	
10 Assorted Muffin w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit	11 Pumpkin Swirl Roll w/Cream Cheese 100% Fruit Juice Fresh or Chilled Fruit	12 Apple Frudel 100% Fruit Juice Fresh or Chilled Fruit	13 Breakfast Pizza 100% Fruit Juice Fresh or Chilled Fruit	14 Assorted Muffin w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit	
17 Assorted Muffin w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit	18 Pumpkin Swirl Roll w/Cream Cheese 100% Fruit Juice Fresh or Chilled Fruit	19 Mini Cinni's 100% Fruit Juice Fresh or Chilled Fruit	20 Sausage Patty on Biscuit 100% Fruit Juice Fresh or Chilled Fruit	21 Assorted Muffin w/Graham Crackers 100% Fruit Juice Fresh or Chilled Fruit	
		<h3>Enjoy Winter Break</h3>			

All menu items served with a choice of low fat or no fat milk

The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

Connect with us!   

Questions or Concerns?
Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-790-7909

MENU SUBJECT
TO CHANGE



"This institution is an equal opportunity provider"