



Prospect Park School

December 2018 Lunch Menu

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch - No Charge
Adult Lunch \$3.50

Maschio's Swap Outs

- Monday:** Turkey Sandwich with Lettuce
- Tuesday:** Turkey Ham & Cheese Sandwich
- Wednesday:** Tuna Salad Platter with Roll
- Thursday:** Grilled Chicken Sandwich
- Friday:** Fruit and Cheese Platter

Maschio's Swap Outs Available Daily

- Bagel Bag Meal
- Grilled Chicken Caesar Salad with Roll
- Assorted Sandwiches

Connect with us!



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Chicken Nuggets Dinner Roll Mashed Potatoes Green Beans Fresh or Chilled Fruit</p>	<p>4 Chicken Burrito Bowl Fiesta Corn & Rice Fresh or Chilled Fruit</p>	<p>5 Mac 'n Cheese Roasted Vegetables Soft Pretzel Stick Fresh or Chilled Fruit</p>	<p>6 California Burger on Bun Crinkle Cut French Fries Fresh or Chilled Fruit</p>	<p>7 New Item! Pepperoni Pinwheel Freshly Prepared Caesar Salad Fresh or Chilled Fruit</p>
<p>10 New Item! Breaded Ravioli w/Marinara Twisted Cheese Breadstick Veggie Dippers Fresh or Chilled Fruit</p>	<p>11 Hamburger or Cheeseburger Oven Baked Sweet Potato Fries Fresh or Chilled Fruit</p>	<p>12 Philly Cheesesteak Country Slaw Fresh or Chilled Fruit</p>	<p>13 Grilled Cheese Tomato Soup Cucumber Coins Fresh or Chilled Fruit</p>	<p>14 NY Style Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit</p>
<p>17 Chicken Tenders Smile Fries Fresh or Chilled Fruit</p>	<p>18 Hot Turkey Ham and Cheese on Croissant Crinkle Cut French Fries Fresh or Chilled Fruit</p>	<p>19 Roasted Turkey with Gravy Mashed Potatoes Steamed Corn Cherry Lime Sorbet Fresh or Chilled Fruit</p>	<p>20 Stuffed Crust Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit</p>	<p>21 Half Day Early Dismissal</p>
		<i>Enjoy Winter Break!</i>		

Our well-balanced lunches available for the week, average between **600-650 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

Questions or Concerns?
Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-790-7909

MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider"