



Prospect Park School

June 2019 Lunch Menu

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch - No Charge
Adult Lunch \$3.50

Maschio's Swap Outs

- Monday:** Turkey Sandwich with Lettuce
- Tuesday:** Turkey Ham & Cheese Sandwich
- Wednesday:** Tuna Salad Platter with Roll
- Thursday:** Grilled Chicken Sandwich
- Friday:** Fruit and Cheese Platter

Maschio's Swap Outs Available Daily

- Bagel Bag Meal
- Grilled Chicken Caesar Salad with Roll
- Assorted Sandwiches

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Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 	5 Chicken Nuggets Oven Baked French Fries Vegetable Medley Fresh or Chilled Fruit	6 Hot Dog on Bun Vegetarian Baked Beans Veggie Dippers Fresh or Chilled Fruit	7 Bella's NY Style Pizza Freshly Prepared Salad Fresh or Chilled Fruit
10 Crispy Chicken Sandwich Fiesta Corn Fresh or Chilled Fruit	11 Philly Chicken Cheesesteak Sweet Potato Waffle Fries Fresh or Chilled Fruit	12 Pasta w/Meat Sauce Vegetable Medley Fresh or Chilled Fruit	13 Mac 'n Cheese Soft Pretzel Stick Italiano Green Beans Fresh or Chilled Fruit	14 School BBQ Day! 
17 Chicken Tenders Oven Baked French Fries Fresh or Chilled Fruit	18 Assorted Pizza Day Veggie Dippers Fresh or Chilled Fruit	19 Half Day- No Lunch Served	20 Half Day- No Lunch Served	21 Half Day- No Lunch Served
24 Half Day- No Lunch Served				

All menu items served with a choice of low fat or no fat milk
Our well-balanced lunches available for the week, average between **600-650 calories**, with **less than 10%** of total calories

Questions or Concerns?
Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-790-7909



MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider"