



Prospect Park School

May 2019 Lunch Menu

All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice

Student Lunch - No Charge
Adult Lunch \$3.50

Maschio's Swap Outs

- Monday:** Turkey Sandwich with Lettuce
- Tuesday:** Turkey Ham & Cheese Sandwich
- Wednesday:** Tuna Salad Platter with Roll
- Thursday:** Grilled Chicken Sandwich
- Friday:** Fruit and Cheese Platter

Maschio's Swap Outs Available Daily

- Bagel Bag Meal
- Grilled Chicken Caesar Salad with Roll
- Assorted Sandwiches

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Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cheese Lasagna w/Marinara Sauce Garlic Breadstick Garden Salad Fresh or Chilled Fruit	2 Cheeseburger on Bun Emoji Fries Pickle Chips Fresh or Chilled Fruit	3 Pizza Bagels Freshly Prepared House Salad Fresh or Chilled Fruit
6 Chef's Choice Chicken Buttered Noodles Maple Cinnamon Carrots Fresh or Chilled Fruit	7 TACO TUESDAY!! Twin Taco w/ Lettuce, Cheese and Salsa Southwestern Corn Fresh or Chilled Fruit	8 Penne Pasta Steamed Green Beans Garlic Bread Fresh or Chilled Fruit	9 Beef Rib Sandwich Oven Baked French Fries Fresh or Chilled Fruit	10 Twisted Cheesy Breadsticks w/ Marinara Sauce Veggie Dippers Fresh or Chilled Fruit
13 Popcorn Chicken Dinner Roll Tater Tots Fresh or Chilled Fruit	14 TACO TUESDAY!! Twin Taco w/ Lettuce, Cheese and Salsa Southwestern Corn Fresh or Chilled Fruit	15 Meatball Parm Hero Oven Roasted Vegetables Fresh or Chilled Fruit	16 Turkey & Cheese Sub Lay's Oven Baked Potato Crisps Veggie Dippers Fresh or Chilled Fruit	17 Bella's NY Style Pizza Caesar Salad Fresh or Chilled Fruit
20 Hot Dog on Bun Emoji Fries Fresh or Chilled Fruit	21 Breaded Chicken Patty on Bun Country Slaw Baked Beans Fresh or Chilled Fruit	22 Pasta with Meatballs House Salad Fresh or Chilled Fruit	23 Breaded Chicken Basket Onion Rings Dinner Roll Fresh or Chilled Fruit	24 Assorted Pizza Day Tossed Salad Fresh or Chilled Fruit
27 Memorial Day School Closed	28 Hamburger or Cheeseburger on Bun French Fries Fresh or Chilled Fruit	29 Mac 'n Cheese Steamed Peas Garlic Bread Fresh or Chilled Fruit	30 Teriyaki Chicken with Rice Steamed Broccoli Fortune Cookie Fresh or Chilled Fruit	31 Pizza Crunchers with Marinara Cucumber-Tomato Salad Fresh or Chilled Fruit

All menu items served with a choice of low fat or no fat milk
Our well-balanced lunches available for the week, average between **600-650 calories**, with **less than 10%** of total calories

Questions or Concerns?
Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-790-7909



MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider"