




SEPTEMBER

Prospect Park Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
<i>Halal Available Upon Request</i>			<ul style="list-style-type: none"> • Cheese Pizza 🍕 • Baby Carrots 	<ul style="list-style-type: none"> • Chicken, Turkey Ham and Cheese Wedge Sandwich • Cucumber Coins
7	8	9	10	11
 <p>Labor Day - No School</p>	<ul style="list-style-type: none"> • Cheesy Ciabatta Sandwich • Corn Salad 	<ul style="list-style-type: none"> • Beef Rotini • Goldfish Crackers • Sauteed Broccoli 	<ul style="list-style-type: none"> • Cheese Pizza 🍕 • Freshly Prepared Romaine Salad 	<ul style="list-style-type: none"> • Breaded Chicken Mini Twin Sandwiches • Cucumber Coins
14	15	16	17	18
<ul style="list-style-type: none"> • Turkey Ham & Cheese Croissant 🥪 • Freshly Prepared Romaine Salad 	<ul style="list-style-type: none"> • Cheeseburger Mini Twin Sandwiches • Corn Salad 	<ul style="list-style-type: none"> • Italian Combo Sandwich 🍷 • Freshly Prepared Three Bean Salad 	<ul style="list-style-type: none"> • Cheese Pizza 🍕 • Baby Carrots 	<ul style="list-style-type: none"> • Chicken, Turkey Ham and Cheese Wedge Sandwich • Cucumber Coins
21	22	23	24	25
<ul style="list-style-type: none"> • Three Cheese Cavatappi • Heartzels Pretzels • Baby Carrots 	<ul style="list-style-type: none"> • Cheesy Ciabatta Sandwich • Corn Salad 	<ul style="list-style-type: none"> • Beef Rotini • Goldfish Crackers • Sauteed Broccoli 	<ul style="list-style-type: none"> • Cheese Pizza 🍕 • Freshly Prepared Romaine Salad 	<ul style="list-style-type: none"> • Breaded Chicken Mini Twin Sandwiches • Cucumber Coins
28	29	30	<p><i>All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.</i></p>	
<ul style="list-style-type: none"> • Turkey Ham & Cheese Croissant 🥪 • Freshly Prepared Romaine Salad 	<ul style="list-style-type: none"> • Cheeseburger Mini Twin Sandwiches • Corn Salad 	<ul style="list-style-type: none"> • Italian Combo Sandwich 🍷 • Freshly Prepared Three Bean Salad 	<p>Lunch Prices</p> <ul style="list-style-type: none"> • Student Lunch: \$0.00 • Adult Lunch: \$4.25 	

Menus are Subject to Change Please note Maschio's Nutrislice carbohydrate counts are calculated using an average of our most used products. Maschio's Food Services nutrient information is based on the most updated manufacturer's food labels available and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

Nutrition Info K-5. Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat. Menus are Subject to Change. Please note Maschio's Nutrislice carbohydrate counts are calculated using an average of our most used products. Maschio's Food Services nutrient information is based on the most updated manufacturer's food labels available and may be subject to change without warning. For Carbohydrates Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.



MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER.



QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschio's registered dietitians.

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Healthy meals grow

healthy kids!